



## our shared vision

is to create a space that provides

integrated health  
and wellness services

to youth, young adults,  
and emerging adults

on a drop in basis

in a safe and  
supportive environment.

## contributing partners



**Chilliwack Community Services**  
Youth Outreach Services

**Chilliwack Division of Family Practice**  
Family Physicians and Pediatricians

**Chilliwack Senior Secondary**  
Counselling & Psychology

**Fraser Health Authority**  
Primary Care, Aboriginal Health, and  
Population & Public Health

**Fraser Valley Aboriginal Children and  
Family Services Society/Xyolhemelyh**

**Ministry of Children and Family Development**  
Aboriginal Child and Youth Mental Health

**Pacific Community Resource Society**  
Addiction Counsellors

**School District #33**  
Neighbourhood Learning Centre, Chilliwack  
Secondary School, and Counseling & Psychology

**Stó:lō Nation Health Services**

**University of the Fraser Valley**  
School of Social Work & Human Services and  
Department of Child, Youth & Family Studies



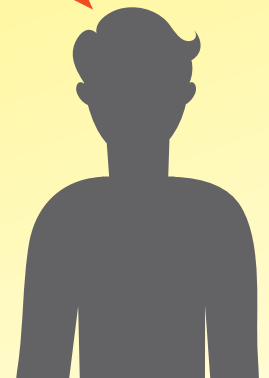
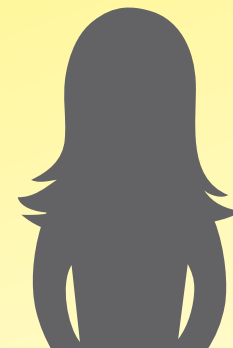
Free, Drop-in Services  
for Youth and  
Emerging Adults

Ages 12–26

604-819-4603

 /chilliwackyhc

[chilliwackyouthhealthcentre@gmail.com](mailto:chilliwackyouthhealthcentre@gmail.com)



# philosophy of care

**1 Low-Barrier Access**  
Confidential and comprehensive access with youth friendly staff. No appointment needed, can self refer.

**2 One-Stop Service Integration**  
Provide integrated physical, mental, and social services while encouraging youth to consider any existing natural supports.

**3 Early Detection and Intervention**

**4 Family Doctor Connections**  
Once a relationship is established we can be a bridge to matching the youth to a family doctor.

**5 Building Youth Capacity**  
Helping youth take responsibility for their own health.

## medical health

**Location:** Stó:lō Nation Health Centre

**Address:**  
7201 Vedder Rd.  
Chilliwack, V2R 4G5

**Date and Time:**  
Every Tuesday  
from 2–5 pm



**Purpose:** Community doctors will provide all aspects of your medical, physical, and sexual health needs. Mental health and addictions support is available. Referrals will be made to appropriate services when needed. You could be unattached with no family doctor, or have a family doctor but prefer to access care here, **no referral or appointment needed and it's free!**

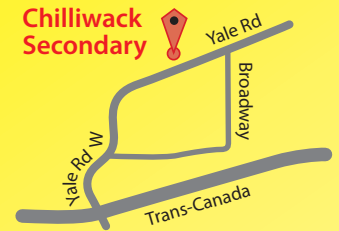
Available to all youth and emerging adults, Aboriginal and non-Aboriginal

## counselling

**Location:** Neighbourhood Learning Centre  
(attached to Chilliwack Secondary)

**Address:**  
46361 Yale Rd.  
Chilliwack, V2P 2P8

**Date and Time:**  
Every Tuesday  
from 1–7 pm



**Purpose:** Drop-in counselling for issues related to anxiety, depression, stress, substance use, gender issues, family conflict, peer conflict, and school and life planning.

**No appointment or referral needed, and it's free!**

