

COURSE SELECTION

2018

WHAT TO CONSIDER?

- REQUIRED COURSES FOR GRADUATION
- REQUIRED COURSES FOR POST SECONDARY OPTIONS (COLLEGE, UNIVERSITY OR WORK)
- ELECTIVES



MINISTRY OF EDUCATION GRADUATION REQUIREMENTS

1. MUST HAVE A TOTAL OF 80 CREDITS

- 1 course = 4 credits
- Must complete all required courses at each grade level
- 16 credits must be at the Grade 12 Level

2. MUST HAVE A FINE ARTS OR APPLIED SKILLS COURSE

(almost all elective are one or the other check course calendar)

3. MUST COMPLETE GRAD TRANSITION (GT) IN GRADE 12

UNDERSTANDING POST-SECONDARY VOCABULARY

PROFESSIONAL PROGRAMS, MASTERS AND PHD

Ex. Teaching certificate, medical school, dentistry, law school etc..
Completed after you have finished the appropriate bachelor's degree

UNIVERSITY – DEGREE PROGRAMS (4YEARS)

BACHELORS DEGREE:

SCIENCE

Eng 12
Ma 12
Ch 12
Bi 12
Ph 12
(2 of ch,bi,ph)

BUSINESS

Eng 12
Ma 12
Academic Gr 12
Academic Gr 12

ARTS

Eng 12
Gr 12
Academic Gr 12
Academic Gr 12

FINE ARTS

Eng 12
Academic Gr 12
Academic Gr 12
Academic Gr 12
art portfolio
auditions

**** grade 11 courses required: En 11, Ma 11, Sc 11, Lang 11, SS11 (if going into science also ch 11 and ph 11)**
Examples of job's requiring a bachelor's degree: Teaching, medicine, lawyer, accounting, nursing, business, etc...

COLLEGE DIPLOMA PROGRAMS (2 YEARS)

ex. Business Administration

-specific training for specific job

-Will sometimes ladder into a degree program(so check carefully if you think you may want to eventually get a degree)

-Entrance requirements vary

COLLEGE – CERTIFICATE PROGRAMS (1-2 YEARS)

ex. Early Childhood education

-Specific training for a specific job

-Entrance requirements – vary depending on program

MAKE SURE YOU CHECK WITH THE SCHOOL – your counsellor can help

HIGH SCHOOL COURSES



APPRENTICESHIPS **which one works for you?**

SECONDARY SCHOOL APPRENTICESHIP PROGRAM

- **Must be 15 yrs old**
- **Can start in grade 9, 10, 11 or 12**
- **480 hours of paid work in a chosen trade**
 - **(ie: cook/electrician/hairstylist/landscaper)**
- **up to 16 credits (4 courses) towards graduation**
- **Eligible for \$1000 scholarship**
- **Over 140 different trades – check www.itabc.ca**

Contact Colin Mitchell @ 604-798-0797

ELECTIVES – HOW DO YOU CHOOSE THEM?

CONSIDER:

- **Explore areas of interest**
 - Finding out what you like and do not like is an essential part of job discovery
 - Electives can also teach you skills for life...you may not be a clothing designer, but learning to sew may be of benefit....
- **Sometimes needed for post secondary studies**
 - Second language requirements at select universities
- **RETAKE FAILED Courses**
 - If you have failed any grade 10 required course (MA, EN, SS, SC, PE or PLAN) you must retake it!
 - If you have not taken **PLANNING 10**, select Career Life Education
 - If you fail a course in 2nd semester make sure you meet with your counsellor in June.

COURSE CALENDAR

- **On-line** at www.sardissesecondary.ca or booklet version
- **Review course descriptions**
 - find out what the course is about, how it is graded and make sure you pick the correct courses for you!
- Check that you have **appropriate prerequisites**
 - En 11 before En 12
 - Art Foundations 11 before Studio Arts 11: Drawing & Painting
 - A 'B or higher' in a previous PE course prior to taking Strength & Conditioning



About Us

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- School Staff
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- Community Partnerships
- General Links

Student Info

Calendar

News & Events

Programs & Courses

- Overview
- Art
- Business
- Computer Science
- English
- French Immersion



Programs & Courses

Course Information

Under each program heading in the left hand menu, you will find a list of courses offered at Sardis Secondary School. Please refer to the Course Selection Booklet for

Recent Tweets:

Come on, sign up for an awesome 25 hour famine being held on Fri, Feb. 22 to Sat, Feb. 23. Check it out and sign up by Thurs, Feb. 21. — 1 day 1 min ago

Grade 12's your Grad Commencement Form is due now!!! Check out the

[Check our website for a electronic version of the course calendar online and extra course selection forms. This presentation is also available for your parents to view.](#)



Course name

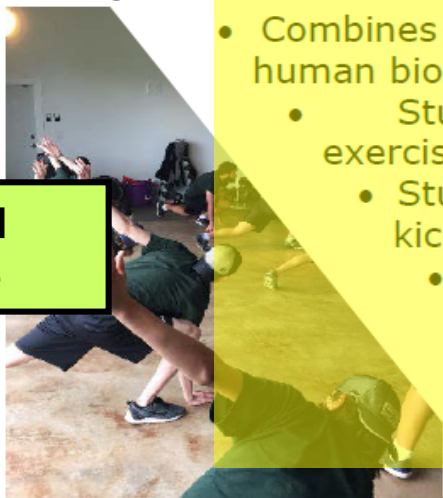
PHYSICAL EDUCATION (PE)

PE-FITNESS & CONDITIONING 11

Prerequisite: Science 10 & Physical and Health Education 10

- Combines daily physical activity (cardio, strength & flexibility) with the study of human biology, nutrition & importance of a healthy lifestyle.
 - Students will learn proper/safe techniques for all strength training exercises using a variety of equipment and exercise styles.
 - Students will participate in a variety of fitness classes (aerobics, step, kickboxing, bootcamp, pilates, yoga).
 - Students will develop a well-balanced meal plan and a complete strength training plan as major projects.
 - This course is very adaptable so is beneficial for every fitness level.
 - Allows the student to complete the 100 hour physical activity requirement for grade 11 or 12.

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PE-FITNESS & CONDITIONING 12

Prerequisite: Fitness and Conditioning 11 and permission from instructor

- Combines daily physical activity (cardio, strength & flexibility) with the study of exercise physiology.
- Students will participate in a variety of fitness classes (aerobics, step, kickboxing, bootcamp, pilates, yoga).
- Students will develop an exercise program based on the YMCA Basic Theory Course (Healthy Lifestyles, Anatomy and Physiology, Movement Mechanics, Principles of Training and Exercise Analysis and Design).
- Students will evaluate a variety of sources of health information/fitness myths and facts.
- Suitable for all students with a desire to increase their own personal fitness level, and those who wish to pursue a career in fitness training, massage therapy, physiotherapy, and coaching.
- Allows the student to complete the 100 hour physical activity requirement for grade 11 or 12.

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The Best Place on Earth



High school Assessments

1. Most courses will have a final exam, prepared by the classroom teacher.
2. With the new curriculum changes you will be required to write both a numeracy assessment and an English 12 or Communications 12 provincial exam.

Summer Opportunity

- Earn 4 high school credits by taking a summer course in Agriculture. 80 hours of participation required.
- Take part in a hands-on course in which you grow food at the SSS Farm and the SSS Greenhouse.
- Learn Skill in:
 - Greenhouse food production
 - Vegetable farming
 - Food Marketing and Sales
- Build up your resume and get course credit at the same time

**Course runs in July and August on
Tuesdays and Fridays from 8 a.m. to 2 p.m.**

If interested contact Mr. Massie: joe_massie@sd33.bc.ca

COURSE SELECTION FORM

This will be collected and used to create your timetable

SARDIS SECONDARY SCHOOL ~ GRADE 12 COURSE SELECTION FORM

Student Name (first and last): _____ Student #: _____

GRADE 10 REQUIRED COURSES

- | | |
|--|--------------------------------------|
| 1. English 10 | 4. A&W Math 10/FMP 10/FMP 10 Honours |
| 2. Social Studies 10/Sciences <u>Humaines</u> 10 | 5. Planning 10 |
| 3. Science 10 | 6. PE 10 |

GRADE 11 REQUIRED COURSES

- | | |
|--|--|
| 1. English 11/Communications 11/English 11 <u>Honours</u> | 4. Biology 11/ <u>Chem</u> 11/ <u>Chem</u> 11 <u>Honours</u> /Physics 11 |
| 2. Social Studies 11/Civics11/First Nations 12/Sciences <u>Humaines</u> 11 | Agriculture 11/Science & Tech 11/Earth Science 11 |
| 3. A&W Math 11/Foundations 11/Pre-Calculus 11 | 5. A Fine Art/Applied Skill 11 Course |

GRADE 12 – REQUIRED COURSES

- | | |
|---|--------------------------|
| 1. Language Arts 12 – Choose One of:
<input type="checkbox"/> English 12
<input type="checkbox"/> Communications 12 | 3. Grade 12 Course _____ |
| 2. Grade 12 Course _____ | 4. Grade 12 Course _____ |

Course Selection Form Instructions:

1. List 8 courses
 - i. include any Grade 10/11 required courses you have failed or not yet taken
 - ii. include the 4 required Grade 12 courses
2. List 3 Alternate Courses as not all first choices may be available.
3. **Share your final course selection information with your parents.**
4. You **MUST** keep this form until your choices have been entered with a school counsellor.
5. If you are submitting a course or Academy application form (as listed below), please check off and staple completed forms to this document.

COURSE SELECTION ~ PLEASE PRINT IN CAPITAL LETTERS

Course Name		Complete Application Forms if selecting:
1.	<div style="background-color: #2e8b57; color: white; padding: 10px; text-align: center;"> <p><u>Must list:</u></p> <p>-8 courses</p> <p>-application courses included here</p> </div>	<input type="checkbox"/> Student Leadership 10, 11, or 12
2.		<input type="checkbox"/> Academies: Golf / Hockey 10, 11, or 12
3.		<input type="checkbox"/> PE Soccer For Life, PE Basketball, PE Football 10, 11, or 12
4.		<input type="checkbox"/> Yearbook 11, 12
5.		<input type="checkbox"/> Skills Exploration 10/IDS 12 - Agriculture
6.		<p><u>CHECK Application Course(s)</u> <u>and Attach Application Form</u></p>
7.		
8.		
List 3 Alternate Courses		Courses Outside the Timetable (Drumline, Early Morning Strength & Con, Theatre, PE Basketball and PE Football)
1.	<p><u>MUST LIST THREE</u> <u>ALTERNATES</u></p>	
2.		
3.		

WHERE TO GET MORE INFORMATION

COUNSELLORS

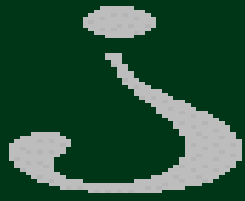
Mr. Shepherd	A-G	david_shepherd@sd33.bc.ca
Mrs. Lewis	H-N	trish_lewis@sd33.bc.ca
Mrs. Clayton/Mrs. Reitsma	O-Z + International	jenna_clayton@sd33.bc.ca elaine_Reitsma@sd33.bc.ca
Mr. Wedel	Career Advisor	chris_wedel@sd33.bc.ca

Websites to Explore:

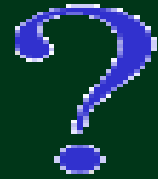
- www.educationplanner.ca
- www.careercruising.com
- www.myblueprint.ca
- University/College websites directly

COURSE SELECTION INPUT

1. Lunch Time AND Afterschool Input this THURSDAY, FRIDAY and next week MONDAY, TUESDAY, WEDNESDAY
 - TAKES APPROXIMATELY 10-15 MINUTES
 - Counsellors will be in Room D201 – computer lab above the library
 - We will work with you to input your course selections
 - Bring your completed course selection form
2. If you do not attend one of the sessions listed above you will be required to attend an additional course selection input session during FLEX next week.



QUESTIONS



COMMENTS

CONCERNS

