



October 14, 2011

NEWSLETTER

SARDIS BREAKFAST CLUB!

Sardis Secondary School's Be the Change Committee has introduced a breakfast program at our school. Many students arrive in class every day not having eaten a proper breakfast, and this lack of fuel for the day impacts their energy, as well as their capacity for learning. The purpose of the breakfast program is to provide these students with healthy, filling and nutritious food. Having a healthy breakfast is recommended by Canada's Food Guide, and will help these students improve their focus in their classes, which can lead to better grades and efforts in all academic and non-academic courses.

We would like increase this program to two days a week and are currently canvassing local businesses for their support through any donations of breakfast foods, such as orange juice, various fruit, cereal/oatmeal, and bread products. Any donation you can give will make a difference.

We would to thank the following groups and individuals for their continued support: Sardis Secondary's PAC, CUPE staff, Mountainview Bakery, Cobs Bread, Kins Farm Market, Sharon Strauss, and all other staff and student contributors.

Should you require further information, please contact Ms. Parween Irani at 604-858-9424 or Parween.Irani@sd33.bc.ca.

We thank you in helping to make your community stronger by supporting the students of your local high school through our breakfast program!

CROSSCOUNTRY NEWS

The Crosscountry Team is up and running...and bigger than ever! It's great to see so many kids getting fit!

The following Grade 12s aren't afraid of the pain: Braeden Bainbridge, Lucas Agagnier, Josh Rempel, Karl Krahn, Colton Mawhinney, Koen Duineveld, Colin Mulligan, Justin Stanton, Joe Ryan, Ben Kavanagh, Alyssa Mitchell and Delaney Kirkness.

The hardworking Grade 11s are: Jared Les, Neall Struwig, David Sawatzky, Craig Mitchell, Jacky Tung, Ty Kirk, Noah Rempel, Korissa Heibner, Ashley Heisler, Mikayla Lynch, Lexi Jacklin, Adelle Gaudette, Tiare Costamagna, Andrea Moore and Jenny Irwin.

It's great to see so many committed Grade 10s: Steven Ng, Scott Fitzsimmons, Jon Sokoloski, Ryan Nelson, Mike Friesen, Adrian Collins, Leah Halfpenny, Morgan Bahnman, Madisen Webster, Esther Kim, Nadia van den Berg, Marlene de Bruin, Michaela England and Kristy Ricard.

The squad has 3 races scheduled so far in preparation for the Fraser Valley Championships on October 26th, Aldergrove Lake Park.

The BC Championships are in Westbank (Crystal Mountain) this year on November 5th. The goal for the team is to qualify a boys' and girls' team for the big race!

October

- 12-25 Grad Photos
- 19 PAC Meeting at 7:00 pm
- 20 Photo Retakes
- 21 Professional Development Day

November

- 4 Term I ends
- 7 Term II begins
- 10 Remembrance Day Assembly
- 11 Remembrance Day—no classes
- 14 Professional Development Day
- 16 PAC Meeting at 7:00 pm
- 17 Scholarship Information Meeting at 7:00pm

Check out more details on the CALENDAR on our WEBSITE at: www.sardissecondary.ca

Inside this issue:

Grad Portraits and deadlines **2**

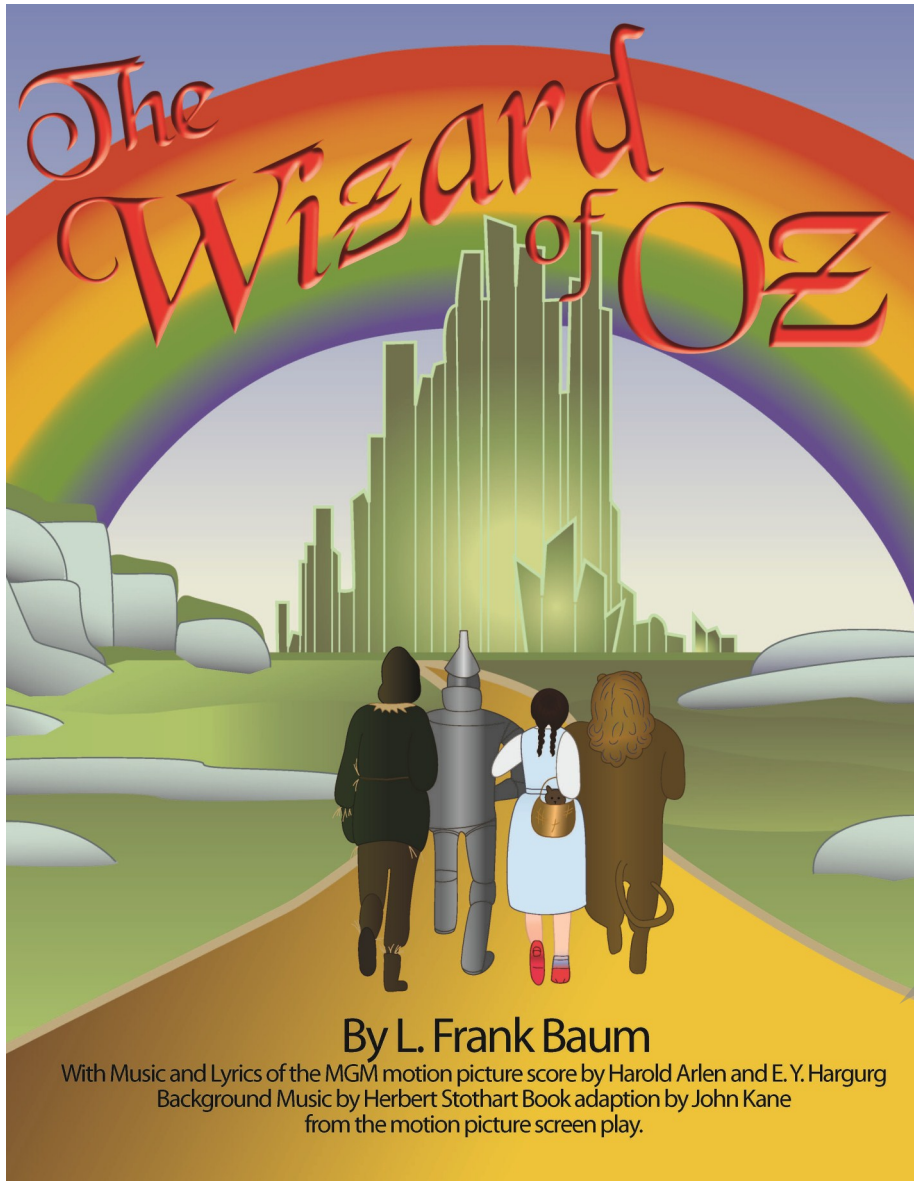
The Wizard of Oz **2**

PHOTO RETAKES
ON THURSDAY,
OCTOBER 20TH

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- Grad portraits will be taken from October 12th to 25th.
- Order your Sardis grad wear at the office
- Baby pictures can be submitted for the yearbook by November 19th. Hard copies to the office: Attention Mr. Tremblay or email them to sardisyearbook@gmail.com. Included in the subject line: full name, student ID and homeroom #
- Scholarship Information evening on November 17, 2011 at 7:00pm

PROFESSIONAL DAY—OCTOBER 21, 2011



Coming soon to Sardis Secondary
Wednesday, November 30 to Saturday, December 3

- Evening shows at 7:00pm
- Matinee on Saturday, December 3 at 2:00pm

Tickets will be \$12.00 and available at the office soon.