



2016-2017

Course Description: Soccer for Life

This Physical Education Athletics course follows the **principles of athlete development** as laid out in the **Long Term Athlete Development (LTAD)** to ensure **enjoyable lifelong soccer opportunities** for **players of ALL levels of ability**, as well as development for **elite players** to pursue excellence. The over-arching aim for the course is to fuel a passion for **soccer for life**.

Curriculum:

The following **BIG IDEAS** will be met throughout the duration of the course.

Grade 10 Provincial Core Curriculum (Draft):



Grade 11-12 Provincial Core Curriculum (Draft):



The program will include a variety of activities but with greater emphasis on developing students' personal athletic attributes in their given areas of expertise. To achieve this, activities will be organized around whole-class, small group, and independent programs.

These activities will help students develop positive attitudes towards a healthy, active lifestyle and promote personal growth and social responsibility both in the classroom and within the community. Students will gain knowledge to help them in future settings and to maintain a healthy lifestyle beyond the scope of the classroom. Sardis Secondary's P.E. Department stresses the importance and belief that all students will be included and expected to participate to the best of their ability.

Application:

We have read and understood that Soccer for Life is a course designed to cater to the unique needs of students seeking to further the passion for the sport of soccer. We understand that all participating students will receive quality instruction catered to the unique needs of each student based on the **LTAD model**. We also understand that entrance to this course is by application only and by filling out this application does not guarantee acceptance into the course.

Name of Student: _____

Current grade of Student: _____

Level of Team Play (Check Appropriate Box):

- BCSP
- Metro
- Development Tier 1 (Gold)
- Development Tier 1 (Silver)
- Recreational

What compels you to elect to take **Soccer for Life**?

What are your long term goals for soccer?

Student Signature: _____

Parent Signature: _____